



About Rainbows

Rainbows for All Children is an international, nonprofit organization that trains volunteers at community-based sites to lead structured, age-specific, support groups for children who are grieving.

Since 1983, Rainbows has served over 3.5 million children by providing them support and helping them develop problem-solving and coping skills, manage anger and stress, and lessen depression and anxiety, and effectively communicate their feelings.

Adverse Childhood Experiences (ACEs):

- Death
- Separation/Divorce
- Incarceration
- Deployment
- Deportation
- Significant Illness

Who We Serve

More than 50 million children in U.S. (68%) have experienced at least one potentially traumatic event, and more than half have encountered multiple incidents. Rainbows' secular program is inclusive of all children from any background, and the support groups are always free of charge to attend.

How We Do It

We deliver fun, interactive, evidence-based curriculum tailored specifically to children's age groups. In addition to addressing their grief from specific ACEs or losses, Rainbows helps build the resiliency of children experiencing life-altering events by providing them with knowledge, tools, and skills to practice self-care and learn healthy ways to cope. Peer support helps them feel less alone and provides them with support.

For more information or to register, contact Maggie McKinnon at mmckinnon@stpatrickwadsworth.org