









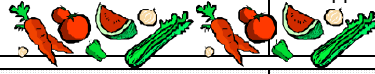





GR. 6-8



March-2010

NATIONAL ANTI-CANCER MONTH

MONDAY March 1, 2010	TUESDAY March 2, 2010	WEDNESDAY March 3, 2010	THURSDAY March 4, 2010	FRIDAY March 5, 2010
NO SCHOOL Teacher Institute  	Max Pizza Stix with Zesty Marinara+ Cinnamon Applesauce Honey Graham Crackers	Meatball Sandwich Garden Vegetables Peaches Sunshine Cake OR Apple Craisin Salad	Soft Shell Tacos Taco Salad Fresh Fruit Mini ABC Pretzels Taco Sauce 	Macaroni & Cheese+ Fresh Fruit 100% Fruit Juice 100% Whole-Grain White Roll Animal Crackers OR Pasta Italiano Salad
March 8, 2010	March 9, 2010	March 10, 2010	March 11, 2010	March 12, 2010
Wheat Pizza Pita Mixed Fruit Cup Apple Spice Bread 	Hot Dog on a Bun French Fries Fresh Baby Carrots Mini Cinnamon Grahams Ketchup Mustard 	Hot Turkey Ham & Cheese Sandwich Fresh Fruit 100% Fruit Juice Banana Bread OR Garden Salad	Grilled Chicken Sandwich Diced Carrots 100% Fruit Juice Goldfish Pretzels Snickerdoodle Cookie BBQ Sauce 	Ultragrain Stuffed Crust Cheese Pizza+ Tossed Salad Fresh Fruit Trail Mix Italian Dressing OR Asian Salad
March 15, 2010	March 16, 2010	March 17, 2010	March 18, 2010	March 19, 2010
Double Hamburger on a Bun Diced Carrots 100% Fruit Juice Lemon Cookie Ketchup 	Turkey Sloppy Joe on a Wheat Bun Garden Vegetables Oatmeal Raisin Cookie 	Pasta with Meat Sauce 100% Fruit Juice 100% Whole Wheat Roll OR Pasta Italiano Salad St. Patrick's Day	Salisbury Steak with Gravy Whipped Potatoes Fresh Fruit 100% Whole-Grain White Roll Chocolate Cake 	Galaxy Deep Dish Cheese Pizza+ Fresh Fruit Applesauce Peach Bread OR Apple Craisin Salad
March 22, 2010	March 23, 2010	March 24, 2010	March 25, 2010	March 26, 2010
Chicken Tenders Fresh Fruit 100% Fruit Juice 100% Whole-Grain White Roll BBQ Sauce 	French Toast Sticks Sausage Links* Applesauce 100% Fruit Juice Vanilla Whole-Grain Crackers 	Spaghetti with Meatballs Fresh Fruit Honey Graham Crackers OR Fiesta Salad	PIZZA DAY	Vegetarian Chef Salad+ Hearty Wheat Breadstick Raisins Banana Bread Italian Dressing OR Asian Salad
March 29, 2010	March 30, 2010	March 31, 2010	The Rainbow Connection The more colors you incorporate into your meals, the greater your exposure to a variety of heart healthy antioxidants. Fruits and veggies have the greatest variety of color, and making more colorful meals means you're taking advantage of their heart-friendly properties. Contact our Nutri-Line, at 773.385.6020 or nutritioninfo@fspro.com, if you have nutrition-related questions. Visit www.fspro.com for allergen information.	
SPRING BREAK 	SPRING BREAK	SPRING BREAK		

Meals Served with Milk

Milk Provided By FSP Contains No Growth Hormones or Antibiotics

Lunch Break

Fun fact: Did you know that as part of our Green Pathways program, we work with local food producers? Local farming benefits the local community and economy. This month, we are serving **diced carrots** fresh from Wisconsin.

